

2023

**NH Emergency
Volunteer Conference**

Saturday, June 03, 2023

8:30am-2:45pm

National Guard Training Facility

722 Riverwood Drive

Pembroke, NH

**Registration
Information**

GENERAL INFORMATION

Location

NH National Guard Regional Training Institute, 96 Sheep David Road, Pembroke NH 03275
Free parking will be available.

Fee

There is no fee to attend this conference.

Attendance Eligibility

Space for the conference and specific sessions is limited and registrations will be handled on a first-come, first-served basis. All active volunteers of the following organizations are welcome to register:

- Medical Reserve Corps units within NH
- Community Emergency Response Teams within NH
- NH Disaster Behavioral Health Response Team
- NH Emergency System for Advance Registration of Volunteer Health Professionals
- American Red Cross chapters within NH
- Civil Air Patrol
- NH Amateur Radio Emergency Service
- NH Disaster Animal Response Team
- NH Metropolitan Medical Response System - Medical Task Force I

How To Register

Go to <https://NHEmergencyVolunteerConference2023.eventbrite.com> to complete your registration online. All registrations must be completed by **May 17, 2023**.

Continuing Education Credit

An attendance certificate will be provided. Please check with your individual licensing board for continuing education requirements and guidelines.

Photo Release

CHI/JSI may use pictures from this event to promote future conferences and in recruitment materials for participating organizations. Unless permission is revoked in writing to CHI, all conference visitors agree to the use of their likeness in such materials by the virtue of their attendance.

Questions?

Contact the Community Health Institute at nhevents@jsi.com or 603-573-3300.

Conference Schedule

The conference will consist of three opportunities for breakout sessions. When registering, you'll be asked to pick one session from each of the blocks below. Session descriptions and speakers begin on page 4.

Times	Scheduled Activities			
7:30-8:30	Registration & Light Breakfast			
8:30-9:00	Welcome and Introductions			
9:00-9:15	Transition to Sessions			
9:15-10:30	1A. 360° of Responder Health and Safety	1B. De-escalation Techniques in Disaster, Emergency, and Group Situations	1C. Sheltering Animals from the Storm	1D. Guidelines for Mass Casualty Triage
10:30-10:45	Break			
10:45-Noon	2A. Responder Resilience	2B. Hurricane Ian, Acute to Chronic	2C. The Strategic National Stockpile and You	2D. Electrical Hazard Awareness
Noon-1:15	Lunch			
1:15-2:30	3A. Psychological First Aid	3B. Sheltering: An Overview	3C. Traffic Control for Public Safety	3D. Weather 102: Severe and Hazardous Weather
2:30-2:45	Evaluation and Adjourn			

BLOCK 1 BREAKOUT SESSIONS

1A. 360° of Responder Health and Safety

Responder health and safety considers the importance of recognizing the possible impact of activations or deployments. This session will explore some practical and brief strategies to check in with volunteers for evaluation of their wellbeing.

Presented by: **Jennifer Schirmer, LCMHC, NCC, CCTP, CCISM**, NH Disaster Behavioral Health Coordinator, NH DHHS – Bureau of Emergency Preparedness, Response and Recovery

1B. De-escalation Techniques in Disaster, Emergency, and Group Situations

Emergencies are disruptive to both volunteers and the community members they are serving. Establishing an operational base, stabilizing personnel, and identifying valuable resources begins the process of de-escalating the environment for victims. The scale of the delivery of these services can be daunting; victims that have suffered a total loss and lack basic necessities will be compelled to seek some form of stability. This strong need can frequently obscure plans and slow or halt delivery of services. This session will cover techniques that volunteers can employ to de-escalation stressful situations.

Presented by: **Major Russell S. Conte (Ret.)**, NH State Police, Mental Health and Wellness Coordinator

1C Sheltering Animals from the Storm

The human/animal bond is never stronger than it is during emergencies. When disasters force pet families to evacuate their homes, the New Hampshire Disaster Animal Response Team (NHDART) works side-by-side with human service agencies to provide animal services. This session will review the various types of co-sheltering models for people and their pets and discuss the ways in which NHDART is working to increase its capabilities to provide emergency animal sheltering services to communities across the state.

Presented by: **Joanne Bourbeau**, Northeastern Regional Director, The Humane Society of the United States

1D. Guidelines for Mass Casualty Triage

This session will introduce responders to a triage method called S.A.L.T.: Sort-Assess-Lifesaving Interventions-Triage/Treatment.

Presented by: **John D. Prickett, RN**, Retired EMS and Emergency Preparedness Coordinator, Concord Hospital - Laconia and Franklin

BLOCK 2 BREAKOUT SESSIONS

2A. Responder Resilience

There is a generally accepted notion that resilience is an inherent trait – part of the temperament or character of an individual. However, resilience can be learned. Resilience can also be improved or enhanced by the strategies we use to help ourselves manage stress. This session will build awareness of the different types of stress, explore how stress impacts an individual's overall wellbeing, explore the physiological and psychological impact of strategies for individual resilience, and provide new perspectives for stress management strategies.

Presented by: **Jennifer Schirmer, LCMHC, NCC, CCTP, CCISM**, NH Disaster Behavioral Health Coordinator, NH DHHS – Bureau of Emergency Preparedness, Response and Recovery

2B. Hurricane Ian, Acute to Chronic

This session will look at the response to Hurricane Ian, what lessons were learned from this event, and how these lessons are influencing changes being made now and in the future.

Presented by: **Aaron McIntire**, Division Disaster Director for the North East Division, American Red Cross

2C. The Strategic National Stockpile and You

This session will provide an overview of the Strategic National Stockpile (SNS), which is a national repository of pharmaceuticals, supplies, and medical equipment that can be requested and deployed to help during public health incidents. This session will focus on NH's program and related activities, including how volunteers are utilized during a response involving SNS assets. There will also be an overview of the CHEMPACK program, which are caches of nerve agent antidotes located around the state.

Presented by: **Danielle Morse**, Strategic National Stockpile Coordinator, NH DHHS – Bureau of Emergency Preparedness, Response and Recovery

3D. Electrical Hazard Awareness

Electrical equipment and power lines may pose significant hazards to those in proximity to exposed electrical parts or downed wires. You must be able to recognize and control electrical hazards to avoid bodily injury before taking actions whether they be job, task, or emergency related. This program is designed as an overview of basic electrical safety for individuals with limited electrical training.

Presented by: **Christopher Stock**, Safety Manager, Eversource Energy

BLOCK 3 BREAKOUT SESSIONS

3A Psychological First Aid

Psychological First Aid (PFA) is a powerful set of core actions for providing support to individuals and communities in the immediate response phase of unexpected events or emergencies. Unexpected events might include larger-scale incidents (such as natural disasters, bioterrorism, or mass casualties) or smaller-scale incidents (such as an unexpected death or accident). This session will cover promoting safety, creating calm, connecting with others, fostering a sense of empowerment, and instilling hope – all of which are vital elements for supporting the recovery trajectory of a community that has experienced an unexpected or traumatic event.

Presented by: **Jennifer Schirmer**, LCMHC, NCC, CCTP, CCISM, NH Disaster Behavioral Health Coordinator, NH DHHS – Bureau of Emergency Preparedness, Response and Recovery

3B. Sheltering: An Overview

This session will introduce participants/new shelter workers to the roles and responsibilities that they will perform at a disaster shelter and will cover items like how a shelter becomes a shelter, how and when shelters are opened, the different types of shelters, principles of sheltering, strategies for identifying client needs, and shelter structure and operations.

Presented by: **Marsha Haines**, Planning, Readiness and Situational Awareness Manager, American Red Cross – NNE Region

3C. Traffic Control for Public Safety

This program will discuss how to guide the motoring public through emergency scenes, around parade routes, etc. Proper safety attire, equipment needed, and how to direct traffic to stop and proceed slowly will be covered.

Presented by: **Derek Martel**, Risk Management Consultant, Primex

3D. Weather 102: Severe and Hazardous Weather

This session teaches severe weather basics to those working in the emergency management field in order to give them the tools to better understand forecast information from the National Weather Service. It will focus on severe weather events such as thunderstorms, tornados, downbursts, hurricanes, and winter weather, as well as the hazards associated with each.

Presented by: **Vanessa Urango**, Supervisory Emergency Management Specialist, Public Assistance Branch – Recovery Division – FEMA Region I